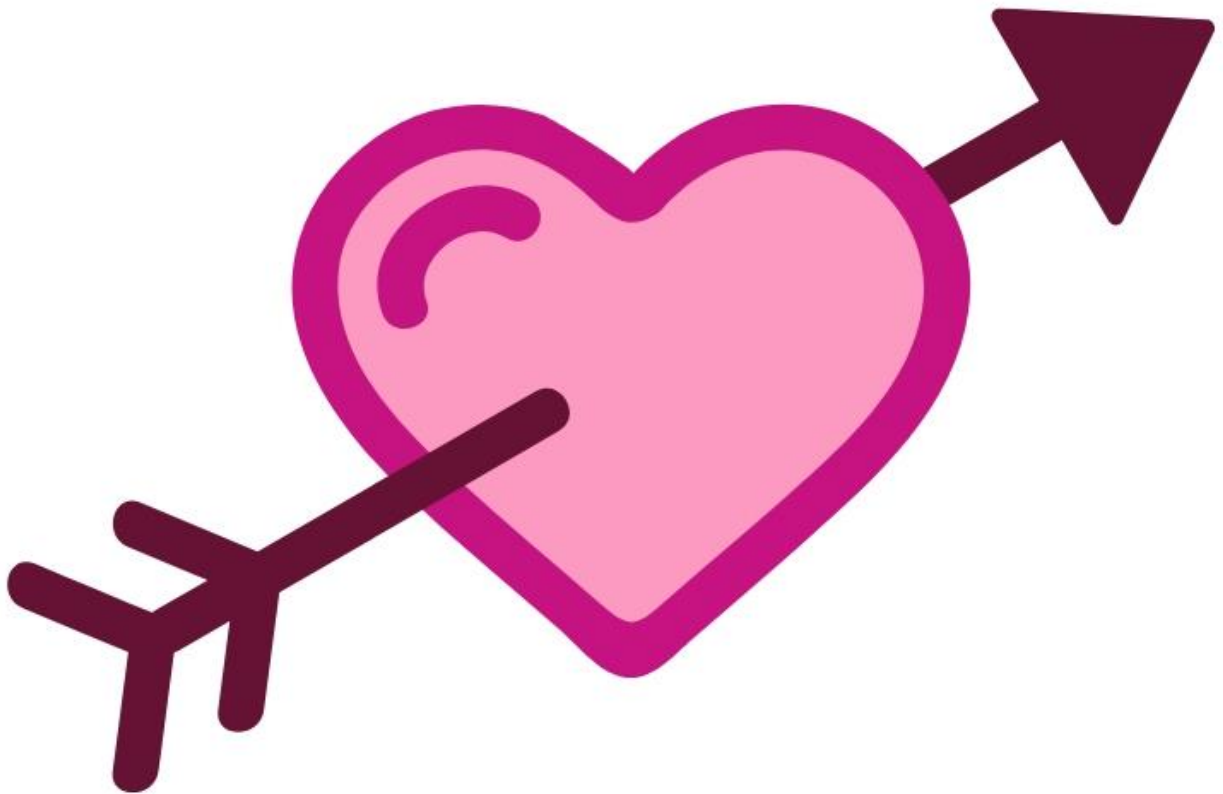




VALENTINE'S DAY

MOMMY CAMP



SCIENCE, SENSORY, ART AND FOOD FOR
VALENTINE THEMED FUN & LEARNING!



Activities FOR Valentine's Day

MOMMY CAMP Vday 2019

HIGHLIGHTS

Sensory Love Potions
Heart Symmetry Painting
Easy Valentine Fairy Bread

Planning

All of the ideas are linked and there are detailed instructions for all of the activities included. I recommend that you check the supplies lists and ensure that you have all materials before starting. Most activities do not require a lot of prep but some do so, check ahead on the options you have and choose the ones you like best.

There is no planned order for the activities. They are all great and there are activities do address math, reading, science, art and sensory.

Activities

ART

- TP roll [heart stamp art](#)
- [valentine headband](#)
- [heart symmetry painting](#)
- [printable poem and fingerprint art](#)
- [fingerpainted heart tree](#)

SCIENCE & MATH

- [confetti science eruptions](#)
- [fireworks in a jar](#)
- [Minute to Win it Printable](#)
- [Valentine's Oil & Water experiment](#)
- [roll a love bug game](#)
- [broken hearts math match](#)

SENSORY

- [heart hunt](#)
- [love potion sensory science](#)
- [Valentine's playdough](#)
- [Heart cutting](#)
- [Valentine's sensory soup](#)

Reading & Writing

- [giant alphabet heart matching game](#)
- [heart shaped name puzzle](#)
- v is for valentine [pre-writing dob marker printable](#)
- [heart matching puzzle](#)

Food

- [printable lunchbox notes](#)
- [Easy Vday fairy bread](#) (for breakfast?)
- [Valentines day pizza](#)
- [fruit kabobs](#)

Movie ideas

- Throw on a movie and give 'em some popcorn! Netflix has countdowns too so you can have it be midnight at any time!
- [happy new year Charlie brown!](#)
- [fancy new year's popcorn](#)



TP HEART STAMP ART

Supplies:

Toilet paper rolls

Paint

paper

1. Bend the roll to make a heart shape. (You will probably want a few)
2. Provide the child with paint and blank paper.
3. Let them make heart stamps.

VALENTINE'S DAY HEADBANDS

Supplies:

Paper

Heart stickers

Markers

Pipe cleaners (red/pink/white)

1. Cut strips of paper to fit the child's head for the band.
2. Have kids decorate the band with stickers/markers (glitter if you're brave)
3. Twirl up pipe cleaners to create a ringlet shape and attach a paper heart on each end.
4. Staple to headband and staple the band part together to create the headband.

HEART SYMMETRY ART

Supplies:

Sturdy paper

[Tempera paint](#) in 2 or more colors

Paint brush or spoon for each paint color

1. Cut out hearts from paper.
2. Let child add paint to ONE side of the heart.
3. Fold the heart in half to transfer paint to the other side.
4. Voila! Done!

PRINTABLE FINGERPRINT ART AND POEM

Supplies:

Toilet paper rolls

Paint

paper

1. Bend the roll to make a heart shape. (You will probably want a few)
2. Provide the child with paint and blank paper.
3. Let them make heart stamps.

FINGERPAINT HEART TREE

Supplies:

Light pink or white construction paper

brown construction paper

paint in "Valentines colors" like red, pink, and white.

scissors

glue

pencil

1. Trace child's hand and arm on brown paper and cut out.
2. Give child a piece of pink or white paper and let them fingerprint it using Valentine colors.
3. Allow fingerprint to dry and then cut out into heart shapes.
4. Glue arm and hand stencil onto a new piece of paper.
5. Glue fingerprint hearts onto tips of fingers to create the "leaves"

HEART SYMMETRY ART

Supplies:

Sturdy paper

[Tempera paint](#) in 2 or more colors

Paint brush or spoon for each paint color

1. Cut out hearts from paper.
2. Let child add paint to ONE side of the heart.
3. Fold the heart in half to transfer paint to the other side.
4. Voila! Done!

VALENTINES DAY CUP STACKING

Supplies:

Pink/red/valentine themed paper/plastic cups

1. Give kids cups and ask them to make a tall tower, make cool designs, etc. with cups.

MINUTE TO WIN IT VALENTINE PRINTABLE

Supplies:

Printable

Nerds

Red vines

M&M's

Hershey's kisses

1. Visit the original link for details on how they should play. It is a bit complicated. Also, not great for littles. Probably better for 10 and up.

VALENTINES OIL AND WATER SCIENCE

Supplies:

Baby Oil (regular cooking oil will work but it won't be clear)

Eyedropper Straws (for blowing the water if desired)

Red Colored Water

Heart Shape Cookie Cutters

Plastic heart gems (dollar or craft store)

Tray or Lid to Storage Bin (for experimenting and mess collection)

1. Grab a lid or tray. As you can see, I used a lid from a storage container. Ikea has some simple white plastic trays we also love to use.
2. Next, I filled a cup with water and added red food coloring. Then I added at least 15 drops to get it really red! Why not try all the colors.
3. Lastly, squeeze baby oil or pour regular cooking oil onto the tray. I like baby oil simply because it's clear.
4. Set out the tray, an eyedropper, and any kind of Valentine's Day themed items you want to use like cookie cutters or heart-shaped table scatter!

ROLL A LOVE BUG GAME

Supplies:

Printable

Pen/pencil

BROKEN HEARTS MATH MATCH

Supplies:

Red paper

Marker

scissors

1. Cut out hearts.
2. Cut hearts in half using zig zag.
3. Write the numeral on one half and dots equaling the numeral on the other half.
4. Have the child count to match the heart halves.

ROLL A LOVE BUG GAME

Supplies:

Printable

Pen/pencil

1. Follow directions on the printable.

VALENTINES DAY VISCOSITY EXPERIMENT

Supplies:

Small, clear plastic cups

Small plastic hearts

Various liquids of different viscosities (water, dish soap, oil, glue, hair gel, corn syrup)

Paper and pencil

1. Introduce and discuss the idea of viscosity.
2. Then encourage kids to hypothesize about how the hearts will react when dropped into the cups of different liquids. Sink, float, submerge but not sink?
3. You can track your hypotheses and the results on a sheet of paper for older kids as well.

HEART HUNT

Supplies:

Various colors construction paper

Scissors

Tape

1. Cut out different colors and sizes of hearts from the construction paper.
2. Tape around the house.
3. Have kids find them.
 1. You could assign each child a specific color to find and write reasons you love them on each if you want to amp it up.

LOVE POTION SENSORY SCIENCE

Supplies:

Baking Soda

Vinegar

Water

Kool-Aid Packets (Red or any other colors/flavors)

4-6 containers or cups (I used plastic cups and tubes that I no longer needed from storing breast milk!)

Spoons, pipettes or other instruments for mixing

1. Put supplies in different cups/bowls and let kids mix at will.

VALENTINE'S PLAYDOUGH

Supplies:

2 cups all purpose flour

1 cup salt

2 tablespoons cream of tartar

2 tablespoon red glitter

3 tablespoons oil (i use coconut oil)

1 1/2 cups of water

Red food coloring

1. Mix the first 5 ingredients together in a bowl.
2. Boil the water and add 10-15 drops of red food coloring once boiling. Stir well. Mix together and let sit for 10-30 minutes.

Tip: if it seems too sticky, keep adding cream of tartar and flour until you get the consistency you prefer. Sometimes i need more, other times i need less. I think the humidity has a lot to do with it.

HEART CUTTING

Supplies:

Construction paper

Scissors

marker

Directions:

1. Cut out heart shapes.
2. Add dashed lines for cutting down the middle in various patterns.
3. Let child cut.

SENSORY SOUP

Supplies:

Water

Food Coloring or [Liquid Watercolors](#)

Kitchen Utensils

Floating Hearts

Anything else you want to toss in (water beads, fake flower petals, etc.)

Directions:

1. Get a plastic container and dump all your stuff in it.
2. Let the kid go crazy.

GIANT ALPHABET HEART MATCHING GAME

Supplies:

Construction paper (various colors)

Scissors

Marker

Large piece of paper

Directions:

1. Cut out heart shapes and write a upper case letter.
2. Use heart shape as a stencil for you heart shapes on the large sheet of paper. Inside each of the hearts on the large paper write the lower case letters..
3. Give child the cut out hearts and have them match them to their mat.e.

HEART SHAPED NAME PUZZLE

Supplies:

Scissors

Construction paper

Pen

Directions:

1. Cut out a heart.
2. Write the child's name on the heart.
3. Cut each letter of the name out in odd angles to create puzzle pieces.
4. Let child put puzzle together.

HEART MATCHING PUZZLE

Supplies:

Scissors

Construction paper

Pen

Directions:

Same as giant alphabet matching game but use a smaller sheet of paper and write sight words on the hearts to match.

VALENTINE'S DAY FAIRY BREAD

Supplies:

Bread

Valentine's Day nonpareils

Butter

Heart-shaped cookie cutter

Parchment paper (optional)

Stamps/Pen (optional)

1. Use heart shaped cookie cutter to cut a heart out of one piece of bread.
2. Butter non-cut piece.
3. Add cut piece on top.
4. Add sprinkles.
 1. The original link has you cut them into small sandwiches with no crust and use parchment paper and stamps to wrap the sandwich with a paper that says love. I would probably skip this because it seems a bit too much for my lazy butt. But, you do you.

VALENTINE'S DAY PIZZA

Supplies:

Pizza dough

Cheese

Pizza sauce

(other toppings desired)

1. Cut dough into heart shapes.
2. Add toppings and bake according to directions.

VALENTINE'S DAY FRUIT KABOBS

Supplies:

Strawberries

Bananas

Skewer/straw

1. Cut bananas into slices
2. Remove center from strawberries.
3. Stick on skewer in pattern.